

SUPPORT GROUPS

For an additional listing of support groups please contact the Support Group Clearing House through MHA of Cincinnati at (513) 721-2910 or visit their Support Group Clearing House on line at www.mentalhealthassn.org

ADD/ADHD (Attention Deficit/Attention Deficit Hyperactivity Disorder)

ATTENTION DEFICIT DISORDER

513-731-8331

ADD Council of Greater Cincinnati

- Group for parents of children with Attention Deficit and Hyperactivity Disorder (ADHD). Two groups meet consecutively. One group is open to adolescents with ADHD and one group is for parents and adults. Meets the 3rd Thursday of the month (except July and December) at Drake Center 151 W. Galbraith Rd. Cincinnati, OH. Doors open at 6:45pm and guest speakers begin at 7:30pm.

CHILD FOCUS, INC.

513-688-8280

Eastgate Office
551 Cincinnati-Batavia Pike
Cincinnati, OH 45245

- Wednesdays from 6:30-8:00pm--Groups for children with ADHD (ages 6-9 and 10-13) and their families.

ADDISON'S DISEASE

Addison's Disease Support Group

871-5625

Elaine Best

- Works under the National Addison's Disease Foundation. Offers support groups, support over the phone, and printed materials. Call for information about group times and places.

ADOPTION

ADOPTION CONNECTION

513-489-1616

11223 Cornell Park Drive
Cincinnati, OH 45242

- Discussion group for adoptive parents meets the first Tuesday of every month. Contact Patty Bonham. Childcare is available, but reservations are required.

ADOPTION (cont)

ADOPTION OPTION

513-793-7268

9990 Zig-Zag Road
Montgomery, OH 45242

- **Footprints Mentoring-** Mentors individuals faced with an untimely pregnancy and individuals who have placed a child for adoption. Also mentors family members.
- **Adoption Mediation Services-** Provides mediation services for those planning to build families through adoption. Helps mediate issues between birth parents and adoptive parents.

ADOPTIVE FAMILIES OF GREATER CINCINNATI

513-665-6871

Good Shepherd Lutheran Church
7701 Kenwood Road
Cincinnati, OH 45236

- Support and education for adoptive families with a broad experience in many forms of adoption. Recreational as well as children programs planned. Meets the 2nd Friday of the month. Call for more information about joining.

ADOPTIVE PARENTS SUPPORT GROUP

581-8974

Catholic Social Services
3629 Church Street
Covington, KY 41015

- Adoptive parents come together to discuss with professional staff questions that arise in the years after adoption. Open to persons who have adopted through any agency as well as private adoptions. Extended family members also welcome. Group meets the third Monday of the month from 7:30-9:00pm. Call to confirm days and times.

ADOPTIVE SINGLE PARENT SUPPORT

661-5170

Marilou Preistle

- For single parents who have adopted or are contemplating adoption. Meets the 4th Saturday of the month at 7:00pm. Call for location of the group.

FRIENDS THROUGH ADOPTION

581-8974

Sponsored by Catholic Social Services

- Parents who have adopted children offer support to each other and to those waiting to adopt a child. Members learn more about adoption issues and share their information with the community.
- Group meets the second Monday of each month from 7:00-9:00pm at St. Anthony Parish Hall located at Grand and Howard Ave. in Taylor Mill. Call before attending.

AGORAPHOBIA

AGORAPHOBICS BUILDING INDEPENDENT LIVES

342-6679

St. Elizabeth South
200 Medical Village Drive
Edgewood, KY 41017

AIDS (Acquired Immune Deficiency Syndrome)

AIDS SUPPORT GROUP

513-853-5841

- Contact Sr. Mary Jacinta Doyle.
- Support group for family members of people living with AIDS meets every other Monday. Please call for location and times before attending.
- Also available: an 8-session bereavement group.

AIDS VOLUNTEERS OF CINCINNATI (AVOC)

**513-421-AIDS
(421-2437)**

220 Findley Street
Cincinnati, OH 45214

All of the following AIDS support groups are sponsored by AVOC. Call 421-AIDS for more information. All of the following groups meet at AVOC on 2183 Central Parkway.

- **COMMON BONDS** - Ongoing support for those with HIV. Meets every Tuesday from 7-9pm.
- **FAMILY, FRIENDS, AND LOVED ONES** - Support group for family, friends, and loved ones of a person who has been diagnosed as HIV positive. Meets every Tuesday from 7-9pm.
- **WOMEN CARE** - Support Group for women who are suffering from AIDS. Meets every second Wednesday from 7-9pm.
- **GAY, BISEXUAL, MARRIED MEN'S GROUP** - Men's support group meets the 1st and 3rd Friday of the month from 7:30-9pm.
- **ROOM WITH A VIEW** - Groups for those with a dual diagnosis (HIV and Chemical Dependency). Meets every Friday from 7-9pm.

AIDS VOLUNTEERS OF NORTHERN KENTUCKY

431-8021

- **Together for Caring**- Support Group for individuals who are family members, friends, lovers, or caregivers of persons with HIV/AIDS. Those who have lost a loved one to the disease are also welcome. Contact Bob Keck for meeting times.

ALCOHOLISM (see Substance Abuse)

ALZHEIMER'S DISEASE

ALZHEIMER'S ASSOCIATION OF GREATER CINCINNATI

644 Linn Street, Suite #1026
Cincinnati, OH 45203

513-721-4284
1-800-441-3322

- Provides an information and referral service through the office. Neighborhood Family Support Group for caregivers of Alzheimer's Disease and related disorders. Special education programs are provided for family members, professionals, and the general public.
- Call for information about support groups in Cincinnati and Northern Kentucky.

ALZHEIMER'S FAMILY SUPPORT GROUP

Florence Park Care Center
6975 Burlington Pike
Florence, KY 41042

525-0007
Jana

- Call for details.

ANGER MANAGEMENT

CLERMONT COUNSELING

512 High Street
Milford, OH 45150

513-248-0421

- Group offered for anger management please call for more information.

ANXIETY DISORDERS

OBSESSIVE - COMPULSIVE ANONYMOUS

513-662-3830

- Meets Mondays at 7:00 at St. Monica's Community Center at University Court and Fairview Avenue in Clifton (behind St. Monica's Church).

RECOVERY, INC.

4511 Wayne Trace Rd
Hamilton, OH 45011

513-726-6123
Carol Jones

- Self-help groups for people 18 and older. Provides will training to control anxiety, depression, etc.
- No fee charged, but voluntary contributions are accepted.

ARTHRITIS

ARTHRITIS FOUNDATION

513-271-4545

7811 Laurel Avenue
Cincinnati, OH 45243

- Support groups are designed to provide people with information about arthritis through educational activities, speakers, slides, and films. Groups give people a chance to give support and encouragement, as well as providing an opportunity to speak openly about problems and concerns regarding arthritis. Groups are scheduled periodically throughout the year.

ARTHRITIS SUPPORT GROUP

525-5151

Campbell County YMCA

Emma Shipp

- First Thursday of the month at 1:00pm.

ARTHRITIS SUPPORT GROUP

527-5048 ext. 303

Erlanger Baptist Life Center

Alberta

- Meets the third Saturday of the month at 1:00pm.

HEALTHSOUTH REHABILITATION HOSPITAL OF N KY

341-2044

201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson's. Call for more information

ASTHMA

ASTHMA LECTURE SERIES

636-8388

- Offers free educational seminars once a month from September through March. Family members welcome.

BETTER BREATHERS CLUB OF NO. KY

384-7922

- Held at the Lakeside Christian Church, Lakeside Park KY. Call for meeting times.

AUTISM

AUTISM SOCIETY OF CINCINNATI

513-948-1142

Children's Hospital
3333 Burnet Avenue
Cincinnati, OH

- Meetings held the second Tuesday each month at the Kenwood Baptist Church 8341 Kenwood Road Cincinnati, Ohio.
- General autism support group meets in the odd months (Jan., March, etc.).
- Asperger's Syndrome support group for people with autism who are high functioning meets in the even months (Feb., April, etc.).

BEREAVEMENT

COMPASSIONATE FRIENDS

629-9598

- Self-help support group for families who have lost a child. Meets the 1st Monday of the month (2nd Mon. if 1st is a holiday) at 7:00pm at the Mercy Franciscan Center 80 Compton Rd. in Hartwell.
- Young adult sibling group (for ages 18-30) meets the first Tuesday of the month at Clovernook Center for the Blind.
- *Web site: www.compassionatefriends.org*

FERNSIDE: A CENTER FOR GRIEVING CHILDREN

513-841-1012

2303 Indian Mound Avenue
Cincinnati, OH 45212

fax: (513) 841-1546
email: info@fernside.org

- Support groups for children ages 4-18 who have experienced the death of an immediate family member meet twice a month. Also have groups for parents/guardians. Call for more information.
- *www.fernside.org*

GRIEF SUPPORT GROUP

513-853-5805

Mercy Franciscan, Mt. Airy
2446 Kipling Avenue
Cincinnati, OH 45239

- A support group for those who have experienced the death of a loved one. Meets at Providence Hospital at various times. Call for information

GRIEF SUPPORT GROUP FOR YOUNGER SPOUSES

727-1250

The Linneman Center
40 West 6th Street
Covington, KY

Marsha or Liz

- Meets the fourth Tuesday of each month from 7:00-8:30pm.

BEREAVEMENT (cont)

H.O.P.I.N.G.--Helping Other Parents in Normal Grief

513-941-0128

- Group for parents who have experienced stillbirth, miscarriage, ectopic pregnancy, or death of an infant in the first year of life.
- Meets in the old Jewish Hospital on Burnet Ave. on the first Thursday of each month at 7:30pm. Call before attending.

HOSPICE

St. Elizabeth North

292-4916

Rev. James Ellis

- Hospice programs for adults and children. Call for more information.

JOURNEY THROUGH GRIEF

St. Elizabeth South Behavioral Health Center

292-4916

- A 6-week series for adults dealing with the loss of a loved one.

LEARNING TO LIVE WITH GRIEF

Hospice of Northern Kentucky

441-6332

- Support for family members and friends who are coping with the death of a loved one. Group meets for 7 sessions. Other groups may also be available. Call for more info.

MEN'S BREAKFAST CLUB (for Widowers)

292-4916

- Meets the 2nd Tuesday of the month at 9:00am at the Stringtown Restaurant in Florence.

PARENTS OF HOPE

292-4916

- For parents who have lost an older child. Meets the 2nd Monday of the month at 6:30pm at St. Elizabeth's Behavioral Health Center.

PARENTS OF MURDERED CHILDREN

National Headquarters

100 E. 8th Street, B-41

Cincinnati, OH 45202

513-721-5683

1-888-818-7662

e-mail: natlpomc@aol.com

- Call for information.
- *Web site: www.pomc.com*

BEREAVEMENT (cont)

REACH OUT TO GRIEVING PARENTS

Christ Hospital
Classroom 4, Level A

513-791-1160

Grace DeGregario

- Reaching out to Grieving Parents is a support network for mothers and fathers who have lost a child through miscarriage, stillborn, or newborn death. Provides emotional support and also opportunities to learn about the grieving process. Meetings are held on the third Tuesday of the month at 7:30pm. Call for more information.

ST. ELIZABETH NORTH INFANT LOSS SUPPORT GROUP

1 Medical Village Drive
Edgewood, KY 41017

344-8095

- Groups scheduled according to need. Call for information.

SHARED TOMORROWS

103 Landmark Drive, Suite #200
Bellevue, KY 41703

572-3456

- For parents who have lost a child through miscarriage, stillbirth, or who have an infant with birth defects. Meets the 1st Thursday of the month 7:00 pm at the Louise Southgate Women's Crisis Center. Call for more information.

SIDS ALLIANCE OF NORTHERN KENTUCKY

513-636-8000

- A support group for parents whose child died of Sudden Infant Death Syndrome. Other family members, baby-sitters, and/or friends are also welcome.
- Meets at 7:00 pm on the 2nd Tuesday of the month at Children's Hospital Medical Center.

STARS PROGRAM

292-0244

- For children who are dealing with grief. This is a 9-week series for children and their caregiver. Meets twice each month from September to May. Call to register.

SUPPORT GROUPS FOR PEOPLE DEALING WITH LOSS

528-1297

Patricia Wahl

- A support group for anyone who has lost someone through separation, divorce, or death. Meetings held at various times and locations. Call for more information. Non-denominational. No fee.

BEREAVEMENT (cont)

SURVIVORS AFTER SUICIDE

Mercy Franciscan Terrace
80 Compton Road
Cincinnati, OH 45215

(Diana) **513-729-2960**

(Betty) **513-385-6110**

- A support group for people who have experienced a suicide in the family. Meets every third Sunday from 2:00-4:00pm. Call for more details.

SURVIVORS OF SUICIDE

441-1958

Ken or Carol Himes

- Provides a comfortable setting for sharing and support to anyone who has experienced the death of a loved one by suicide. The group is open to parents, siblings, relatives, friends, or a spouse. There is no charge.
- Meets the first Tuesday of each month at 7:00pm at Christ Church, United Church of Christ, 15 S. Ft. Thomas Ave.

WILLOW WOOD:HELPING CHILDREN THROUGH GREIF

513-753-6464

4424 Aicholtz Rd. Box 6
Cincinnati, OH 45245

- Provides services at no cost to children between the ages of 5-18 who have lost a primary family member to death.
- Takes place every Tuesday evening for 10 consecutive weeks. Groups available for parents as well.

BIPOLAR

BIPOLAR SUPPORT GROUP

513-721-2910

FAMILIES OF BI-POLAR SUPPORT GROUP

Sponsored by the Mental Health Association of Cincinnati
Christ Hospital, Classroom 2 by Cafeteria
2139 Auburn Ave.
Cincinnati, OH

- Group meets Tuesdays from 6:00-7:45pm. A group for family members meets at the same time and location. Call for more information

SUPPORT GROUP FOR PARENTS AND CAREGIVERS OF CHILDREN WITH BIPOLAR DISORDER

513-467-0423 (Pam B.)

513-542-3968 (Pam M.)

513-721-2910 (MHA)

- Meets the third Tuesday of every month at 7:00pm at Children's Hospital Sabin Education Center 3333 Burnet Ave. Rooms D-24 and D-25, 2nd Floor.
- Call for more information and to confirm attendance.

BIPOLAR (cont)

Bipolar Support Group
Falmouth School Center
500 Chapel Street
Falmouth, KY

654-1855
Bridget

- Offers education and support for people with bipolar disorder. Meets the 1st and 3rd Monday of the month from 6:30-8:00pm.

BLOOD DISORDERS

NATIONAL HEMOPHILIA FOUNDATION
1008 Marshall Avenue Suite 3
Cincinnati, OH 45225

513-961-4366

- Chapter provides support and services to those affected by hemophilia and other related blood clotting disorders. It is comprised of people having the diseases, their families, and other interested individuals. Office hours: Tuesday and Thursday 9:00 am - 4:00 pm.

SICKLE CELL AWARENESS GROUP
3770 Reading Road
Cincinnati, OH 45229

513-281-4450

- Offers a youth group and an adult group. Call for more information.

BURN VICTIMS

BURNS RECOVERED OF GREATER CINCINNATI
University Hospital
234 Goodman
Cincinnati, OH 45267

513-584-9191

- For former burn patients, friends, and family. Group meets the 3rd Thursday of the month.
- Call for more information.

CANCER

AMERICAN CANCER SOCIETY
6612 Dixie Highway Suite A2 (located in the Nicholas Center)
Florence, KY 41042

647-2200

- Call for information on support groups.

CANCER (cont)

BREAST CANCER SUPPORT GROUP **344-3939**
St. Elizabeth's Women's Wellness Center
20 Medical Village Drive Room 209
Edgewood, KY 41017

CANCER FAMILY CARE **431-0645**
Senior Services Building
1032 Madison
Covington, KY 41011

- Offers contacts for many Cancer and Bereavement Support Groups in Cincinnati and N. Kentucky. Call for information about groups in your area.

WELLNESS COMMUNITY **513-791-4060**
4918 Cooper Road 1717 Dixie Highway, Suite 145
Cincinnati, OH 45242 Ft. Wright, KY 41011 or
859-331-5568

- **Introductory Meeting**-for anyone who wants to learn more about the Wellness Community. Meetings Tuesdays at 7:00pm and Fridays at 10:00am (Cincinnati); and Mondays at 7:00pm (Ft. Wright).
- **Support Groups:** Cancer Survivors, People with Recurring Cancer, Young Adult Group, Teen Group, Children's Program, Brain Tumor Group, Lung Cancer Group, Prostate Cancer Group, Breast Cancer Group, a Group for Blood Driven Cancers, Bone Marrow Transplant Group, and a Family Group for family members. Call for more information

CAREGIVERS

CAREGIVER ASSISTANCE NETWORK **513-929-4483**
Sponsored by Catholic Social Services Gene McClory
100 East 8th Street Caregiver CAREline **513-929-CARE**
Cincinnati, OH 45202

- The Network sponsors educational programs and support groups at numerous locations throughout the community, a monthly newsletter, and an Internet site. Call for more information.

CAREGIVER SUPPORT GROUP **581-8974**
Sponsored by Catholic Social Services Gayle Jimenez

- Group offers a supportive atmosphere for those providing emotional or physical support to dependent or aging relatives or friends. Meets the second Thursday of the month from 1:30-3:00pm at St. Catherine of Sienna Church in Ft. Thomas.

CAREGIVERS(cont)

SPIRITUAL AND EMOTIONAL SUPPORT FOR CAREGIVERS 292-4154
St. Elizabeth North

CAREGIVER SUPPORT GROUP 525-4963
Sponsored by Woodspoint

- Please contact Pat Schneider for information.

CHILD ABUSE

COUNCIL ON CHILD ABUSE 513-936-8009 INFO
4155 Crossgate Square 513-961-8004 HOTLINE
Cincinnati, OH 45236

- Provides parent and school-based education, awareness, and intervention. Also offers the Don't Shake the Baby program, referrals for victims and stressed parents, speaker's bureau, and victim support groups. No fee.

FAMILY NURTURING CENTER 525-3200

- Contact Jane Hermes for information about child abuse support groups.

CHILDBIRTH

ABC's FOR SIBLING CHILDREN 572-3456
St. Luke West
7380 Turfway Road
Florence, KY 41042

- Classes to help prepare siblings (ages 3-10 years) for the arrival of a new baby. Group meets the 4th Tuesday of every odd month (Jan., Mar., May, etc.) from 7-8:30pm. Cost is \$15 for the first child and \$5 for each additional child. Parents should accompany child. Call for reservations.

BIRTH GRANDPARENTS GROUP 581-8974
Catholic Social Services
3629 Church Street
Covington, KY 41015

- Parents of pregnant teens and young adults meet to talk about their special role in helping their son or daughter make the best plan for the baby.
- Meets the second Monday of each month from 7:00-9:00pm. Please call before attending.

CHILDBIRTH (cont)

BIRTH MOTHERS SHARING

271-5926

Denise

- Meets every first Thursday at St. Luke, East in Ft. Thomas, Lower Level, Room A from 7:00-9:00pm.

BIRTH PARENTS SUPPORT GROUP

581-8974

Catholic Social Services
3629 Church St.
Covington, KY 41015

- Group for young persons faced with an untimely pregnancy and the responsibility for making plans for their babies. Group allows young people to discuss their situations and learn more about how to cope during this stressful time. Meets the third Monday of each month from 6:00-7:30pm.

SIBLING-IN-DELIVERY CLASSES

572-3456

St. Luke Hospital

- By appointment only. For the family who wishes older siblings to be present during birth.

CHRONIC PAIN

CHRONIC PAIN SUPPORT GROUP

572-3678

St. Luke East

- Meets the first Wednesday of the month from 10:00-11:30am.

FIBROMYALAGIA SUPPORT GROUP

513-271-4545

- Support and education group for people with soft tissue rheumatic disease, characterized by painful, tender joints. Family members welcome.
- Groups at Mercy Fairfield, Mercy Anderson, Drake, Landen, and Northern Kentucky. Call for more information.

LUPUS/FIBRO SUPPORT GROUP

513-527-5048 ext. 306

St. Luke Hospital

D. White

- Meets the last Saturday of each month at 2:00pm.

COUPLES

CLERMONT COUNSELING

513-248-0421

512 High Street
Milford, OH 45150

- Offers groups for domestic violence--one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple's group, and a theft group. Call for more information.

CROHN'S AND COLITIS

Crohn's and Colitis Support Group

585-1775

St. Luke East

- For patients, family members or friends of those dealing with Inflammatory Bowel Disease.
- Meets the third Wednesday of the month from 7:00-9:30pm.

CYSTIC FIBROSIS

CYSTIC FIBROSIS SUPPORT GROUP

513-636-4929

Children's Hospital
3333 Burnet Avenue
Cincinnati, OH 45229

- Monthly educational meetings held the third Tuesday of each month from September to April. Call for more information. No fee.

DEBTOR'S

DEBTOR'S ANONYMOUS

513-956-7828

- 12-step program to overcome debt and compulsive spending.
- Meetings every Tuesday night at St. Peter in Chains Cathedral 8th and Central Ave. in Cincinnati from 6:00-7:15pm.
- Meetings every Wednesday night at Lutheran Church of the Good Shepherd 7701 Kenwood Rd. from 6:30-7:30pm.

DEPRESSION

DEPRESSION SUPPORT GROUP

431-1077

Sponsored by the Mental Health Assoc. of N. KY, held at
Lakeside Presbyterian Church
2690 Dixie Highway
Lakeside, KY 41017

- For people experiencing depression, their families and friends. Meets every Thursday night from 6:30-8:00pm. Please call before your first meeting.

MEN WITH DEPRESSION

513-929-4071

4531 Reading Road
Cincinnati, OH 45202

Ervin Waldbilling

- A support group for men with depression. Meets the first and third Monday of each month from 7:00-8:30pm.

PEER SUPPORT GROUP

513-221-8660

Recovery Initiative
2601 Melrose Avenue Suite B100
Cincinnati, OH

- Support group for people with depression, as well as other mental illnesses. Call for more information 10:30am-4pm, M-F.

RECOVERY, INC.

513-726-6123

4511 Wayne Trace Rd
Hamilton, OH 45011

Carol Jones

- Self-help groups for people 18 and older. Provides will training to control anxiety, depression, etc.
- No fee charged, but voluntary contributions are accepted.

DIABETES

AMERICAN DIABETES ASSOCIATION

513-759-9330

8899 Brookside Ave., Suite #102
Westchester, OH 45069

- The Cincinnati chapter works to improve the welfare of those with diabetes with hundreds of active professional and volunteer workers throughout the Greater Cincinnati area. The chapter represents the voice of leadership in the fight against diabetes through its program of education and research.
- Education - screening programs, support groups, public exhibits, health fairs, and public forums.
- Can provide many resources for Diabetes support groups in the area. Call for more information. (serves all of Southwestern Ohio and Northern Kentucky).

DIABETES SELF MANAGEMENT GROUP

344-2466

St. Elizabeth Hospital, South Unit
1 Medical Village Drive
Edgewood, KY 41017

- A free information and support group open to those with diabetes and their families.
- 10 meetings per year (conference rooms F, G, and H). Call for more information.
- Also offers Basics of Diabetes Evening Series twice a year.

DIABETES SUPPORT GROUP

513-585-1218

The Christ Hospital
2139 Auburn Avenue
Cincinnati, OH

- Groups for adults with Type I or Type II diabetes. Group meets the 2nd Monday of the month from 6:30-7:30pm in a classroom on Level A. Family members welcome. Call for information. No fee.

PEDIATRIC DIABETES SUPPORT GROUP

344-2330

St. Elizabeth Hospital

- A support group for children with diabetes and their parents

DIVORCE/SEPARATION

BEECH ACRES

513-231-6630

6881 Beechmont Avenue
Cincinnati, Oh 45230

- Shared experience group, stepfamily groups, single parent groups, and children's groups (for coping with parents' divorce). Groups at over 16 locations, call for more info.

DIVORCE/SEPARATION(cont)

DIVORCED FEMALES OVER 40

232-8111

- Social group for women over 40 who are divorced or going through a divorce. Group meets every other month. Call after 5:00 for more information.

NEW BEGINNINGS

283-

6281

Catholic Center
947 Donaldson Rd.
Erlanger, KY 41018

283-6280
Sr. Rosemary

- A ministry for divorced, separated, remarried, and young widowed people. A variety of groups available. Introductory and worship programs. . Introductory Group-Meets to work through the struggles of divorce. Eight-week sessions are available on Tuesdays and Thursdays from 7:30-9:00pm.
- Call Monday-Friday 12:30pm-4: 30pm.

NEW VISIONS (SUPPORT FOR DIVORCED AND SEPARATED)

513-241-7745

Catholic Social Service of Southwestern Ohio
100 East Eighth Street
Cincinnati, OH 45202

- Peer self-help groups are provided in various parishes for those suffering from loss due to divorce or separation. Call for information regarding group locations and special workshops for newly separated or divorced people.

PARENTS WITHOUT PARTNERS

241-4744

- Has meetings, family activities, and adult activities each week in Northern Kentucky. Call for more information.

DOMESTIC VIOLENCE

CLERMONT COUNSELING

513-248-0421

512 High Street
Milford, OH 45150

- Offers groups for domestic violence--one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple's group, and a theft group. Call for more information.

DOMESTIC VIOLENCE (cont)

WOMEN HELPING WOMEN

216 E. 9th Street
Cincinnati, OH 45202

513-872-9259

(24 hours)

1-888-872-9259**TTY: 513-977-5545**

- 24-hour crisis line. Groups for domestic violence, sexual assault, incest, children (ages 6-12) who have witnessed domestic violence, and court-ordered groups. Call for more info.

WOMEN'S CRISIS CENTER

835 Madison Ave.
Covington, KY 41011

24 hr. hotline 491-3335**1-800-928-3335**

- Offers groups for: non-offending parents of sexually abused children; adult survivors of childhood sexual abuse; survivors of domestic violence; and child witnesses to domestic violence. Call for more information.

DOWN'S SYNDROME**DOWN'S SYNDROME OF GREATER CINCINNATI**

1821 Summit Road, Suite #102
Cincinnati, OH 45237

513-761-5400*fax: 761-5401**e-mail: dsagc@aol.com*

- **Infant/Toddler Parents Program:** for parents of Children ages birth to 3. Meetings are held at the Cincinnati Center for Developmental Disorders Room 4-78 every second Wednesday at 7:30 pm.
- **Family Matters Group:** for parents of children over 3 years of age. Group meets several times throughout the year. Call for more information.
- *Web site: www.dsagc.com*

EATING DISORDERS**CINCINNATI PSYCHOTHERAPY INSTITUTE**

9200 Montgomery Road
Cincinnati, OH 45242

513-791-1470

- Offers a variety of groups for eating disorders.

THE CHRIST HOSPITAL

Outpatient Behavioral Services-Health Alliance
3200 Burnet Avenue, Union Street Pavilion
2nd Floor, Staff Conference Room

513-585-8500

pager: 513-723-6545

- Meets from 7:30-9:30pm on the 1st and 3rd Tuesdays of each month.

EATING DISORDERS (CONT)

HYDE PARK BETHLEHEM UNITED METHODIST CHURCH **513-598-9537**
Madison road and Hyde Park Avenue **513-741-3580**
Front Entrance--Basement

- Meets from 7:30-9:00pm on the 2nd and 4th Wednesday of each month.

EATING DISORDERS RECOVERY CENTER **513-793-2666**
Barbara McFarland, Ed.D
8280 Montgomery Rd.

- Group or individual treatment for eating disorders.

OVEREATERS ANONYMOUS **921-1922**

- Meets at St. Luke East on Fridays from 7:30-9:00pm.

EPILEPSY

EPILEPSY COUNCIL OF CINCINNATI **513-721-2905**
Three Centennial Plaza
895 Central Avenue
Cincinnati, OH 45202

- Reaches out to assist people with epilepsy and their families in areas of personal and social adjustment. Seeks to increase awareness and acceptance of those with epilepsy within the community.
- **The adult group** (adults who have epilepsy) meets the third Tuesday of the month from 7:00-8:30pm.
- **The parent support group** (parents who have children with epilepsy) meets the third Thursday of the month from 7:00-8:00pm.

FALSE MEMORY SYNDROME (FMS)

FMS SUPPORT GROUP **541-5272**

GAMBLING

GAMBLERS ANONYMOUS and GAM-ANON **24 HR HOT LINE** **244-9779**

GAY/LESBIAN

P-FLAG (PARENTS, FAMILIES, AND FRIENDS OF LESBIANS AND GAYS) 755-6150

- Call for information.

GRIEF--SEE BEREAVEMENT

HOMESCHOOLING

HOMESCHOOL NETWORK OF GREATER CINCINNATI **513-683-1279**
P.O. Box 31110 **513-772-9579**
Cincinnati, OH 45231-0110

- Mission: Families working together to support each other in the joys and responsibilities of educating our children at home.
- Provides support, materials, newsletter, and activities. Call for location and membership information.
- *Web site: www.hsncincy.com*

MENTAL HEALTH

B.R.I.D.G.E.S. **431-2134**
Sponsored by: RNNK
605 Madison Ave
Covington, KY 41011

- Building Recovery of Individual Dreams and Goals through Education and Support meets 2nd & 4th Thurs, 12:15 at the Sunshine House, 722 Scott St., 1st Floor. Call RNNK for more information.

FAMILY SUPPORT GROUP **513-541-7577**
Core Behavioral Health Services
4968 Glenway Avenue
Cincinnati, OH 45238

- Basic family support for any adult family member of a person who has a serious mental illness. Meets the 1st Tuesday of the month at 7:00pm in the waiting room.

FRIENDSHIP CLUB **431-2134**
Recovery Network
513 Madison Avenue
Covington, KY 41011

- Support group for adult mental health consumers. Call for more information.

MENTAL HEALTH (cont)

THE HOMELESS AND MISSING SERVICE

220 1/2 Putnam Street
Marietta, OH 45750

(740) 373-3445

Emergency number (740) 423-4279
e-mail: hm-hines@juno.com

- Assists families and friends in locating homeless and missing loved ones with serious mental illnesses.

NATIONAL ALLIANCE FOR THE MENTALLY ILL OF NORTHERN KENTUCKY

Betty **474-5989**

Dixie **781-4539**

Joyce **662-8468 (evenings)**

Marcella **441-7377**

- A self-help organization for families and friends of someone who has a mental illness, as well as for consumers. Goals include: mutual support, public and personal education about mental illnesses, and advocacy for research and better services.
- **Business Meeting & Care and Share:** fourth Monday of each month at 7:00pm at the Erlanger Baptist Church educational building.

NATIONAL EMPOWERMENT CENTER

20 Ballard Road
Lawrence, MA 01843

1-800-POWER-2-U

- Network for consumer/survivors. Staff available for speaking, education, training, and workshops.

PEER SUPPORT GROUP

Recovery Initiative
2601 Melrose Avenue Suite B100
Cincinnati, OH

513-221-8660

- Support group for people with depression, as well as other mental illnesses. Call for more information 10:30am-4pm, M-F.

RECOVERY, INC.

4511 Wayne Trace Rd
Hamilton, OH 45011

513-726-6123

Carol Jones

- Self-help groups for people 18 and older. Provides will training to control anxiety, depression, etc.
- No fee charged, but voluntary contributions are accepted.

MULTIPLE SCLEROSIS

HEALTHSOUTH REHABILITATION HOSPITAL OF N KY

341-2044

201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson's. Call for more information.

MULTIPLE SCLEROSIS CHAPTER OFFICE

513-769-4400

- Call for meeting times.

OBSESSIVE COMPULSIVE DISORDER--SEE ANXIETY DISORDERS

PARENTING

CHILD FOCUS, INC.

513-752-1555

Eastgate Office
551 Cincinnati-Batavia Pike
Cincinnati, OH 45245

- Saturdays from 11:00am-12:30pm--Parenting Group.
- Caregiver's Support Group for grandparents, aunts, uncles, etc. raising children.

GRANDPARENTS RAISING GRANDCHILDREN

356-3155

Lakeside Christian Church Rm. 328
195 Buttermilk Pike
Lakeside Park, KY 41017

- Group meets fourth Thursday of every month (except holidays) from 7-8:30 pm

MOTHERS OF SPECIAL CHILDREN OF NORTHERN KENTUCKY

356-8499

Erlanger Methodist Church
Commonwealth Avenue
Erlanger, KY 41018

- Group meets the second Thursday of the month at 7:30 pm. Specifically for mothers with special needs children.

PARENTS ANONYMOUS

513-961-8004

- Parent help line available 24 hours a day.

PARENTING (CONT)

PARENTS WITHOUT PARTNERS

241-4744

- Has meetings, family activities, and adult activities each week in Northern Kentucky. Call for more information.

SINGLE PARENTS SUPPORT GROUP

513-231-6630

Sponsored by Beech Acres
6881 Beechmont Ave
Cincinnati, OH 45235

- Groups offered in Downtown Cinti, Blue Ash, Greenhills, Kennedy Heights, Lincoln Heights, Mt. Healthy, Mt. Washington, Norwood and Westwood. Please call for specific times and locations.

PARKINSON'S DISEASE

HEALTHSOUTH REHABILITATION HOSPITAL OF N KY

341-2044

201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson's. Call for more information

PARKINSON'S DISEASE

585-6462

Senior Care Preferred
7380 Turfway Road
Florence, KY 41042

- Meets at the cafeteria conference room from 1:00 pm - 2:00 pm on the third Thursday of the month. Family members welcome. Call for more information.

PHYSICAL DISABILITIES

PEOPLE WITH PHYSICAL DISABILITIES

513-871-1345

Hyde Park Community United Methodist Church
1345 Grace Avenue
Cincinnati, OH 45208

- Meets on the 3rd Thursday of the month at 7:00 pm in room 113. Call for details.

POST-PARTUM DEPRESSION

Lighter Shade of Blue

513-860-4394

- Support for mothers who suffer from postpartum depression or anxiety. Call for meeting times.

RELATIONSHIPS

CLINICAL COUNSELING SERVICES OF NO. KY

292-8888

- Meets Wednesdays from 5:30-7:00pm in the Montgomery area.

FAMILY EDUCATION SUPPORT GROUP

525-5384

572-3500

- Deals with relationship problems Meets at St. Luke Outreach (Turfway Rd.) Thursdays from 7:30-9:00pm and in Falmouth on Thursdays at 7:00pm.

SCHIZOPHRENIA

SCHIZOPHRENICS ANONYMOUS

431-2134

Recovery Network of NKY
605 Madison Ave.
Covington, KY 41011

- Meets every Wednesday at 1:30pm at RNNK. Call for more information.

SELF-ESTEEM

CHILD FOCUS, INC.

513-752-1555

Eastgate Office
551 Cincinnati-Batavia Pike
Cincinnati, OH 45245

- Thursdays from 6:00-7:30pm--groups for children with poor socialization skills or low self-esteem (ages 3-6, 7-9, and 10-13) and their parents.
- Young Adolescent Female Group.

WOMEN'S SELF ESTEEM GROUP

525-2600

Women's Crisis Center

Laura or Becky

- Group meets Tuesdays from 5:00-7:00pm.

SEX

SEX AND LOVE ADDICTS ANONYMOUS

513-852-9459

- Offers help line and also support. Support groups are based on the 12 Step Program. Call for information.

SEXUAL ABUSE

ADULT SURVIVORS OF CHILDHOOD SEXUAL ABUSE

491-3335

Women's Crisis Center

Angie

- A ten-week group is offered. Call for more information

AVOISE (Adolescent Victims of Indecent Sexual Encounters)

513-221-HELP

(Part of Talbert House)

(513-221-4357)

3891 Reading Rd.

513-221-4266

Cincinnati, OH 45229

- An AVOISE group is a place where everyone can speak freely and confidentially. Two concurrent groups, one for victims and one for family members, insure that all involved receive the help and guidance they need to get their lives back together. Individual and group therapy only. Treats victims ages 7-17, 18 if still in high school.

CHILD FOCUS, INC.

513-752-1555

Eastgate Office

551 Cincinnati-Batavia Pike

Cincinnati, OH 45245

- Tuesdays at 4:00pm and 6:00pm--Groups for Adolescent Sex Offenders (ages 8-11, young adolescents, and older adolescents) and their parents.
- Thursdays from 5:00-6:30pm--Groups for children who have been victims of sexual abuse (ages 6-9 and 10-13) and their parents.

CLERMONT COUNSELING

513-248-0421

512 High Street

Milford, OH 45150

- Offers groups for domestic violence--one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple's group, and a theft group. Call for more information.

SEXUAL ABUSE (cont)

CLINICAL COUNSELING SERVICES OF NO. KY

292-8888

- 12 week educational support group for adult female survivors of childhood sexual abuse.
- Meets Tuesdays from 6:00-7:30pm in the Mainstrasse Area in Covington.

TIC TOC

7990 Dixie Highway
Florence, KY 41042

525-3200 ext. 21
Kathy Miller-Cox

- Sexual abuse treatment for children, ages 4-13. Call for more information.

WOMEN HELPING WOMEN

216 E. 9th Street
Cincinnati, OH 45202

513-381-5610
(24 hours)

- 24-hour crisis line. Groups for domestic violence, sexual assault, incest, children (ages 6-12) who have witnessed domestic violence, and court-ordered groups. Call for more info.

WOMEN'S CRISIS CENTER

835 Madison Ave.
Covington, KY 41011

24 hr. hotline: 491-3335
1-800-928-3335

- Offers groups for: non-offending parents of sexually abused children; adult survivors of childhood sexual abuse; survivors of domestic violence; and child witnesses to domestic violence. Call for more information.

SEXUALLY TRANSMITTED DISEASES (STDs)--also see AIDS

CINCINNATI H.E.L.P.

Cincinnati Health Department Building
3101 Burnet Avenue Room 129
Cincinnati, OH 45229

513-557-3435

- Informal discussion group provides information, education, and emotional support for individual herpes sufferers. Families are welcome. Herpes Support Group meets the third Tuesday each month from 7:00-9:00pm.

SINGLES

HYDE PARK SINGLES

Hyde Park Community United Methodist Church
1345 Grace Avenue
Cincinnati, OH 45208

513-441-9211

- Offers activities and a Soaring Singles newsletter. Call for more information.

SINGLES (CONT)

PARENTS WITHOUT PARTNERS

241-4744

- Has meetings, family activities, and adult activities each week in Northern Kentucky. Call for more information.

SMOKING/NICOTINE (SEE SUBSTANCE ABUSE)

SPEECH and HEARING

APHASIA/SPEECH SUPPORT GROUP

513-853-5071

Franciscan Mt. Airy Campus
2446 Kipling Avenue
Cincinnati, OH 45239

- Open support for people with speech impairment. Meets every Monday from 4:30-5:30pm. Every second Monday a speech pathologist is present.

PARENTS OF HEARING IMPAIRED CHILDREN

513-471-4806

- **Support Group** meets the third Thursday of the month. Group is for parents who have just realized that their children are deaf. Call for location and time.
- **Deaf Institute:** Offers deaf ministries and parent education. Public invited. Childcare available. Donations requested

SPINA BIFIDA

SPINA BIFIDA ASSOCIATION

513-923-1378

3245 Deborah Lane
Cincinnati, OH 45239

- For parents with children who have Spina Bifida. Friends and family welcome. Call for more information.

STROKE

HEALTHSOUTH REHABILITATION HOSPITAL OF N KY

341-2044

201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson's. Call for more information

STROKE (CONT)

STROKE CLUB

513-853-5211

Mercy Franciscan Mt. Airy
2446 Kipling Avenue
Cincinnati, OH 45239

- A support group open to patients, family, and friends. Open discussion and informative speakers. Meetings are held the second Monday of each month at 7:00 pm.

SUBSTANCE ABUSE

AFTER-CARE SESSIONS

572-3500

512 Maple Avenue
Falmouth, KY 41040

- For graduates of the St. Luke Alcohol and Drug Treatment Center Program. Programs are held at 7pm. every Thursday at the Center in Falmouth and at 5:30 pm every Monday at the St. Luke West Community Outreach Building (Turfway Road). Also offer Al-Anon and AA meetings in Falmouth.

ALANON & ALATEEN

Help line 771-4070

Greater Cincinnati Information Service 771-5959

Northern Kentucky Information Service 784-2444

- Al-Anon offers a 12-step recovery program for family and friends of alcoholics. Alateen is part of the Al-Anon fellowship and is designed for younger relatives and friends (through age 19) of alcoholics. Offers 90 meetings every week in the Greater Cincinnati/Northern Kentucky area. Call for specific times and locations.

ALCOHOLICS ANONYMOUS

491-7181

202 West 11th Street (P.O. Box 72084)
Newport, KY 41071

- Alcoholics Anonymous has 116 groups, at least 2 each day of the week in Boone, Kenton, and Campbell counties. Thirteen groups exist in surrounding counties including Bracken, Grant, Carroll, Gallatin, Owen, and Pendleton. Call for details and times.

ALCOHOLISM COUNCIL OF THE CINCINNATI AREA, NCADD

513-578-3233

2828 Vernon Place
Cincinnati, OH 45219

- Established in 1949, the council provides residents of the greater Cincinnati area with a complete range of alcohol and other drug prevention, education and treatment programs designed for individuals, families, schools and organizations.

SUBSTANCE ABUSE (cont.)

ALCOHOLICS VICTORIOUS

513-956-9844

e-mail: Act319@hotmail.com

- An interdenominational supportive fellowship for individuals and family members to whom chemical addiction is an on-going threat. Call for times and locations of meetings.
- *Web site: www.iugm.org*

KIDS HELPING KIDS

513-575-7300

P.O. Box 42398
Cincinnati, OH 45242

- Support groups for children with substance abuse issues. Call for more information.

M.A.D.D. (MOTHERS AGAINST DRUNK DRIVERS)

513-769-6800

3801 Hauck Road
Sharonville, OH 45241

- Call for more information.

NARCOTICS ANONYMOUS

513-820-2947

- Support for people with drug addiction problems. Call for times and locations of meetings. (24 hours)

NICOTINE ANONYMOUS

513-230-5475

- Available 24 hours per day.

PROMISES CLUB/AA

431-2135

116 West Ninth Street
Newport, KY 41071

- Fellowship of recovering alcoholics who meet regularly to help each other stay clean by sharing their experiences, strength, and hope. Open 10:00 am - 10:00 pm on weekdays, 10:00 am - 11:00 pm on weekends. Several meetings offered daily. Call for specific information.

RECOVERY RESOURCE CENTER

513-761-7353

7710 Reading Road, Suite 100
Cincinnati, OH 45237

Jay Stahl

- Offers four abstinence-based recovery programs. These programs are Women For Sobriety, Life Ring Secular Recovery, Smart Recovery, and Rational Recovery. All services are free to the general public. Call for more information

SUBSTANCE ABUSE (cont.)

531 RUSSELL, INC.
THE RUSSELL CLUB
531 Russell Street
Covington, KY 41011

431-9854

- Meeting for AA at 12:00 noon and 8:30 pm daily. Beginners meet separately. Call for times.

S.M.A.R.T. (SELF MANAGING AND RECOVERY TRAINING)
521-2391

513-

Formerly known as Rational Recovery
University Hospital
234 Goodman Avenue
Cincinnati, OH 45267

- Meets at 7:00 pm on Wednesdays in Room A of the dining room. Call for more information.

SQUARE ONE
Catholic Social Services
3629 Church St.
Covington, KY 41015

581-8974

- Support group for teens who are experiencing problems with alcohol or drugs. Group allows teens to learn the facts about adolescent substance abuse, talk about feelings, and explore the connection between substance abuse and other problems. This is a 6-session group. Call to find out when the next session begins.

STAYING STOPPED SMOKING CESSATION

572-3382

- Meets at St. Luke East on Mondays from 6:30-7:30pm. Reservations required

THEFT

CLERMONT COUNSELING
512 High Street
Milford, OH 45150

513-248-0421

- Offers groups for domestic violence--one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple's group, and a theft group. Call for more information.

TOURETTE'S SYNDROME

TS PLUS

TSA of Ohio
P.O. Box 10702
Columbus, OH 43201

1-800-543-2675

- **Resource Center:** Intended for newcomers and for education and health professionals. Last Friday of each month except November and December, 7:30-9:00pm, Children's Hospital North, Building A, Mason, Ohio.

TRICHOTILOMANIA (TTM)

TTM SUPPORT GROUP

Sponsored by the: MHA of Cincinnati

- Support for people with TTM (compulsive pulling of hair from scalp, eyebrows, lashes, or body). Call for more information.

513-721-2910

VISUAL IMPAIRMENTS

CINCINNATI ASSOCIATION FOR THE BLIND (CAB)

2045 Gilbert Ave.
Cincinnati, OH 45202

513-221-8558

- Private, non-profit organization offering counseling, rehabilitation and employment services to persons who are blind or visually impaired. Support groups available for elderly or working age persons who are blind or visually impaired. Groups also available for spouses or significant others in the lives of the blind or visually impaired. Sliding scale fee. A United Way Agency.

VIOLENCE

AMEND

- Program for men who use violence against women. Four weeks long; call for prices.

513-361-2150

VOCATIONAL

JOB SEARCH FOCUS GROUP

Hyde Park Community Methodist Church
1345 Grace Avenue
Cincinnati, OH 45208

513-871-0320

fax: 871-3139

- Members support and assist each other in searching for professional jobs. Group meets Mondays 8:45-11:30am. Also offers training meetings, listings of job opportunities, and services to help locate jobs. Call for more information. Monday 12-3pm; T-F 9am-3pm.
- *Web site: www.cincinnati.com/cinjob*

WIDOW/WIDOWERS

FOR WIDOWED PERSONS

513-232-3488

Immaculate Heart of Mary Church
7820 Beechmont Avenue
Cincinnati, OH 45230

- Meets at the Immaculate Heart of Mary Church in the rectory basement. Call for group times. No fee.

GRIEF SUPPORT GROUP FOR YOUNGER SPOUSES

727-1250

The Linnemann Center
40 west 6th Street
Covington, KY

Marsha or Liz

- Meets the fourth Tuesday of each month from 7:00-8:30pm.

MEN'S BREAKFAST CLUB (for Widowers)

292-4916

- Meets the 2nd Tuesday of the month at 9:00am at the Stringtown Restaurant in Florence.

NEW BEGINNINGS

283-

6281

Catholic Center
947 Donaldson Rd.
Erlanger, KY 41018

283-6280

Sr. Rosemary

- A ministry for divorced, separated, remarried, and young widowed people. A variety of groups available. Introductory and worship programs. . Introductory Group-Meets to work through the struggles of divorce. Eight-week sessions are available on Tuesdays and Thursdays from 7:30-9:00pm.
- Call Monday-Friday 12:30pm-4: 30pm.

P.R.O.P.-People Relying On People

341-0647

Edgewood, KY

- Support and outreach group for widows and widowers.

THEOS

513-531-8436

St. Paul United Methodist Church
8221 Miami Road
Cincinnati, OH 45243

Nancy Lamb

- Support group for widows/widowers. Meets the 2nd Tuesday of the month. Call for details.

WILLIAM'S SYNDROME

WILLIAM'S SYNDROME ASSOCIATION

513-874-0620

- A support group for families and individual with William's syndrome. Information and speakers available. No regular meetings. Call for information.
- *Web site: www.williamssyndrome.org*

WOMEN'S GROUPS

BLACK WOMEN'S SUPPORT GROUP

513-751-3085

Church of Our Savior
65 East Hollister
Cincinnati, OH 45219

Porsha Cox

- Meets the 1st Tuesday of the month. Call for more information.

CLINICAL COUNSELING SERVICES OF NORTHERN KENTUCKY

292-8888

- Ongoing psychotherapy group for women
- Meets Mondays from 6:00-7:30pm in the Mainstrasse Area in Covington.

DIVORCED FEMALES OVER 40

232-8111

- Social group for women over 40 who are divorced or going through a divorce. Group meets every other month. Call after 5:00 for more information.

WOMEN'S SELF ESTEEM GROUP

525-2600

Women's Crisis Center

Laura or Becky

- Group meets Tuesdays from 5:00-7:00pm.