



Mental Health Association of Northern Kentucky

A LEADER IN PROVIDING ADVOCACY, EDUCATION, AND SERVICES THAT PROMOTE MENTAL WELLNESS

EDUCATION AND SCREENING OUTREACH PARTNER FOR THE NATIONAL INSTITUTE OF MENTAL HEALTH AND
NATIONAL MENTAL HEALTH ASSOCIATION

513 Madison Avenue, 3rd Floor Covington, KY 41011 859-431-1077 or www.mhanky.org

SYMPTOMS OF ALCOHOLISM

1. Blackouts
2. Gulping and Sneaking
3. Loss of Control
4. Alibi System
5. Eye Opener
6. Drinking Alone
7. Changing the Pattern
8. Anti-Social Behavior
9. Loss of friends, job(s), family members
10. Doctors and Hospitals
11. Benders and Binges
12. Tremors
13. Protect the Supply
14. Unreasonable Resentments
15. Nameless fears and anxieties
16. Collapse of the Alibi System

MOMENT OF TRUTH

Addiction = 1) Incarceration 2) Insanity 3) Death