SUPPORT GROUPS

For an additional listing of support groups please contact the Support Group Clearing House through MHA of Cincinnati at (513) 721-2910 or visit their Support Group Clearing House on line at www.mentalhealthassn.org

ADD/ADHD (Attention Deficit/Attention Deficit Hyperactivity Disorder)

ATTENTION DEFICIT DISORDER 513-731-8331
ADD Council of Greater Cincinnati

- Group for parents of children with Attention Deficit and Hyperactivity Disorder (ADHD). Two groups meet consecutively. One group is open to adolescents with ADHD and one group is for parents and adults. Meets the 3rd Thursday of the month (except July and December) at Drake Center 151 W. Galbraith Rd. Cincinnati, OH. Doors open at 6:45pm and guest speakers begin at 7:30pm.

CHILD FOCUS, INC. 513-688-8280
Eastgate Office
551 Cincinnati-Batavia Pike
Cincinnati, OH 45245

- Wednesdays from 6:30-8:00pm--Groups for children with ADHD (ages 6-9 and 10-13) and their families.

ADDISON’S DISEASE

Addison’s Disease Support Group 871-5625
Elaine Best

- Works under the National Addison’s Disease Foundation. Offers support groups, support over the phone, and printed materials. Call for information about group times and places.

ADOPTION

ADOPTION CONNECTION 513-489-1616
11223 Cornell Park Drive
Cincinnati, OH 45242

- Discussion group for adoptive parents meets the first Tuesday of every month. Contact Patty Bonham. Childcare is available, but reservations are required.
ADOPTION (cont)

ADOPTION OPTION

9990 Zig-Zag Road
Montgomery, OH 45242

- Footprints Mentoring- Mentors individuals faced with an untimely pregnancy and
  individuals who have placed a child for adoption. Also mentors family members.
- Adoption Mediation Services- Provides mediation services for those planning to build
  families through adoption. Helps mediate issues between birth parents and adoptive
  parents.

ADOPTIVE FAMILIES OF GREATER CINCINNATI

Good Shepherd Lutheran Church
7701 Kenwood Road
Cincinnati, OH 45236

- Support and education for adoptive families with a broad experience in many forms of
  adoption. Recreational as well as children programs planned. Meets the 2nd Friday of the
  month. Call for more information about joining.

ADOPTIVE PARENTS SUPPORT GROUP

Catholic Social Services
3629 Church Street
Covington, KY 41015

- Adoptive parents come together to discuss with professional staff questions that arise in the
  years after adoption. Open to persons who have adopted through any agency as well as
  private adoptions. Extended family members also welcome. Group meets the third
  Monday of the month from 7:30-9:00pm. Call to confirm days and times.

ADOPTIVE SINGLE PARENT SUPPORT

Marilou Preistle

- For single parents who have adopted or are contemplating adoption. Meets the 4th
  Saturday of the month at 7:00pm. Call for location of the group.

FRIENDS THROUGH ADOPTION

Sponsored by Catholic Social Services

- Parents who have adopted children offer support to each other and to those waiting to adopt
  a child. Members learn more about adoption issues and share their information with the
  community.
- Group meets the second Monday of each month from 7:00-9:00pm at St. Anthony Parish
  Hall located at Grand and Howard Ave. in Taylor Mill. Call before attending.
AGORAPHOBIA

AGORAPHOBICS BUILDING INDEPENDENT LIVES
St. Elizabeth South
200 Medical Village Drive
Edgewood, KY 41017

AIDS (Acquired Immune Deficiency Syndrome)

AIDS SUPPORT GROUP 513-853-5841

- Contact Sr. Mary Jacinta Doyle.
- Support group for family members of people living with AIDS meets every other Monday. Please call for location and times before attending.
- Also available: an 8-session bereavement group.

AIDS VOLUNTEERS OF CINCINNATI (AVOC) 513-421-AIDS
220 Findley Street
Cincinnati, OH 45214

All of the following AIDS support groups are sponsored by AVOC. Call 421-AIDS for more information. All of the following groups meet at AVOC on 2183 Central Parkway.

- COMMON BONDS - Ongoing support for those with HIV. Meets every Tuesday from 7-9pm.
- FAMILY, FRIENDS, AND LOVED ONES - Support group for family, friends, and loved ones of a person who has been diagnosed as HIV positive. Meets every Tuesday from 7-9pm.
- WOMEN CARE - Support Group for women who are suffering from AIDS. Meets every second Wednesday from 7-9pm.
- GAY, BISEXUAL, MARRIED MEN’S GROUP - Men’s support group meets the 1st and 3rd Friday of the month from 7:30-9pm.
- ROOM WITH A VIEW - Groups for those with a dual diagnosis (HIV and Chemical Dependency). Meets every Friday from 7-9pm.

AIDS VOLUNTEERS OF NORTHERN KENTUCKY 431-8021

- Together for Caring- Support Group for individuals who are family members, friends, lovers, or caregivers of persons with HIV/AIDS. Those who have lost a loved one to the disease are also welcome. Contact Bob Keck for meeting times.

ALCOHOLISM (see Substance Abuse)
ALZHEIMER’S DISEASE

ALZHEIMER’S ASSOCIATION OF GREATER CINCINNATI 513-721-4284
644 Linn Street, Suite #1026 1-800-441-3322
Cincinnati, OH 45203

- Provides an information and referral service through the office. Neighborhood Family Support Group for caregivers of Alzheimer’s Disease and related disorders. Special education programs are provided for family members, professionals, and the general public.
- Call for information about support groups in Cincinnati and Northern Kentucky.

ALZHEIMER’S FAMILY SUPPORT GROUP 525-0007
Florence Park Care Center Jana
6975 Burlington Pike
Florence, KY 41042

- Call for details.

ANGER MANAGEMENT

CLERMONT COUNSELING 513-248-0421
512 High Street
Milford, OH 45150

- Group offered for anger management please call for more information.

ANXIETY DISORDERS

OBSESSIVE - COMPULSIVE ANONYMOUS 513-662-3830

- Meets Mondays at 7:00 at St. Monica’s Community Center at University Court and Fairview Avenue in Clifton (behind St. Monica’s Church).

RECOVERY, INC. 513-726-6123
4511 Wayne Trace Rd Carol Jones
Hamilton, OH 45011

- Self-help groups for people 18 and older. Provides will training to control anxiety, depression, etc.
- No fee charged, but voluntary contributions are accepted.
ARThritis

ARThritis Foundation 513-271-4545
7811 Laurel Avenue
Cincinnati, OH 45243

- Support groups are designed to provide people with information about arthritis through educational activities, speakers, slides, and films. Groups give people a chance to give support and encouragement, as well as providing an opportunity to speak openly about problems and concerns regarding arthritis. Groups are scheduled periodically throughout the year.

ARThritis Support Group 525-5151
Campbell County YMCA Emma Shipp

- First Thursday of the month at 1:00pm.

ARThritis Support Group 527-5048 ext. 303
Erlanger Baptist Life Center Alberta

- Meets the third Saturday of the month at 1:00pm.

Healthsouth Rehabilitation Hospital of N KY 341-2044
201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson’s. Call for more information

Asthma

Asthma Lecture Series 636-8388

- Offers free educational seminars once a month from September through March. Family members welcome.

Better Breathers Club of No. Ky 384-7922

- Held at the Lakeside Christian Church, Lakeside Park KY. Call for meeting times.
AUTISM

AUTISM SOCIETY OF CINCINNATI  513-948-1142
Children’s Hospital
3333 Burnet Avenue
Cincinnati, OH

- Meetings held the second Tuesday each month at the Kenwood Baptist Church 8341 Kenwood Road Cincinnati, Ohio.
- General autism support group meets in the odd months (Jan., March, etc.).
- Asperger’s Syndrome support group for people with autism who are high functioning meets in the even months (Feb., April, etc.).

BEREAVEMENT

COMPASSIONATE FRIENDS  629-9598
- Self-help support group for families who have lost a child. Meets the 1st Monday of the month (2nd Mon. if 1st is a holiday) at 7:00pm at the Mercy Franciscan Center 80 Compton Rd. in Hartwell.
- Young adult sibling group (for ages 18-30) meets the first Tuesday of the month at Clovernook Center for the Blind.
- Web site: www.compassionatefriends.org

FERNSIDE: A CENTER FOR GRIEVING CHILDREN  513-841-1012
2303 Indian Mound Avenue  fax: (513) 841-1546
Cincinnati, OH  45212  email: info@fernside.org

- Support groups for children ages 4-18 who have experienced the death of an immediate family member meet twice a month. Also have groups for parents/guardians. Call for more information.
- www.fernside.org

GRIEF SUPPORT GROUP  513-853-5805
Mercy Franciscan, Mt. Airy
2446 Kipling Avenue
Cincinnati, OH  45239

- A support group for those who have experienced the death of a loved one. Meets at Providence Hospital at various times. Call for information

GRIEF SUPPORT GROUP FOR YOUNGER SPOUSES  727-1250
The Linneman Center Marsha or Liz
40 West 6th Street
Covington, KY

- Meets the fourth Tuesday of each month from 7:00-8:30pm.
BEREAVEMENT (cont)

H.O.P.I.N.G.–Helping Other Parents in Normal Grief 513-941-0128

- Group for parents who have experienced stillbirth, miscarriage, ectopic pregnancy, or death of an infant in the first year of life.
- Meets in the old Jewish Hospital on Burnet Ave. on the first Thursday of each month at 7:30pm. Call before attending.

HOSPICE 292-4916
St. Elizabeth North
Rev. James Ellis

- Hospice programs for adults and children. Call for more information.

JOURNEY THROUGH GRIEF 292-4916
St. Elizabeth South Behavioral Health Center

- A 6-week series for adults dealing with the loss of a loved one.

LEARNING TO LIVE WITH GRIEF 441-6332
Hospice of Northern Kentucky

- Support for family members and friends who are coping with the death of a loved one. Group meets for 7 sessions. Other groups may also be available. Call for more info.

MEN’S BREAKFAST CLUB (for Widowers) 292-4916

- Meets the 2nd Tuesday of the month at 9:00am at the Stringtown Restaurant in Florence.

PARENTS OF HOPE 292-4916

- For parents who have lost an older child. Meets the 2nd Monday of the month at 6:30pm at St. Elizabeth’s Behavioral Health Center.

PARENTS OF MURDERED CHILDREN 513-721-5683
National Headquarters 1-888-818-7662
100 E. 8th Street, B-41 e-mail: natlpomc@aol.com
Cincinnati, OH 45202

- Call for information.
- Web site: www.pomc.com
BEREAVEMENT (cont)

REACH OUT TO GRIEVING PARENTS
Christ Hospital
Classroom 4, Level A
513-791-1160
Grace DeGregario

• Reaching out to Grieving Parents is a support network for mothers and fathers who have
lost a child through miscarriage, stillborn, or newborn death. Provides emotional support
and also opportunities to learn about the grieving process. Meetings are held on the third
Tuesday of the month at 7:30pm. Call for more information.

ST. ELIZABETH NORTH INFANT LOSS SUPPORT GROUP
1 Medical Village Drive
Edgewood, KY 41017
344-8095

• Groups scheduled according to need. Call for information.

SHARED TOMORROWS
103 Landmark Drive, Suite #200
Bellevue, KY 41703
572-3456

• For parents who have lost a child through miscarriage, stillbirth, or who have an infant with
birth defects. Meets the 1st Thursday of the month 7:00 pm at the Louise Southgate
Women’s Crisis Center. Call for more information.

SIDS ALLIANCE OF NORTHERN KENTUCKY
513-636-8000

• A support group for parents whose child died of Sudden Infant Death Syndrome. Other
family members, baby-sitters, and/or friends are also welcome.
• Meets at 7:00 pm on the 2nd Tuesday of the month at Children’s Hospital Medical Center.

STARS PROGRAM
292-0244

• For children who are dealing with grief. This is a 9-week series for children and their
caregiver. Meets twice each month from September to May. Call to register.

SUPPORT GROUPS FOR PEOPLE DEALING WITH LOSS
528-1297
Patricia Wahl

• A support group for anyone who has lost someone through separation, divorce, or death.
Meetings held at various times and locations. Call for more information. Non-
denominational. No fee.
BEREAVEMENT (cont)

SURVIVORS AFTER SUICIDE
Mercy Franciscan Terrace
80 Compton Road
Cincinnati, OH 45215

- A support group for people who have experienced a suicide in the family. Meets every third Sunday from 2:00-4:00pm. Call for more details.

SURVIVORS OF SUICIDE

- Provides a comfortable setting for sharing and support to anyone who has experienced the death of a loved one by suicide. The group is open to parents, siblings, relatives, friends, or a spouse. There is no charge.
- Meets the first Tuesday of each month at 7:00pm at Christ Church, United Church of Christ, 15 S. Ft. Thomas Ave.

WILLOW WOOD: HELPING CHILDREN THROUGH GREIF

- Provides services at no cost to children between the ages of 5-18 who have lost a primary family member to death.
- Takes place every Tuesday evening for 10 consecutive weeks. Groups available for parents as well.

BIPOLAR

BIPOLAR SUPPORT GROUP
FAMILIES OF BI-POLAR SUPPORT GROUP
Sponsored by the Mental Health Association of Cincinnati
Christ Hospital, Classroom 2 by Cafeteria
2139 Auburn Ave.
Cincinnati, OH

- Group meets Tuesdays from 6:00-7:45pm. A group for family members meets at the same time and location. Call for more information

SUPPORT GROUP FOR PARENTS AND CAREGIVERS OF CHILDREN WITH BIPOLAR DISORDER

- Meets the third Tuesday of every month at 7:00pm at Children’s Hospital Sabin Education Center 3333 Burnet Ave. Rooms D-24 and D-25, 2nd Floor.
- Call for more information and to confirm attendance.
BIPOLAR (cont)

Bipolar Support Group 654-1855
Falmouth School Center Bridget
500 Chapel Street
Falmouth, KY

- Offers education and support for people with bipolar disorder. Meets the 1st and 3rd Monday of the month from 6:30-8:00pm.

BLOOD DISORDERS

NATIONAL HEMOPHILIA FOUNDATION 513-961-4366
1008 Marshall Avenue Suite 3
Cincinnati, OH 45225

- Chapter provides support and services to those affected by hemophilia and other related blood clotting disorders. It is comprised of people having the diseases, their families, and other interested individuals. Office hours: Tuesday and Thursday 9:00 am - 4:00 pm.

SICKLE CELL AWARENESS GROUP 513-281-4450
3770 Reading Road
Cincinnati, OH 45229

- Offers a youth group and an adult group. Call for more information.

BURN VICTIMS

BURNS RECOVERED OF GREATER CINCINNATI 513-584-9191
University Hospital
234 Goodman
Cincinnati, OH 45267

- For former burn patients, friends, and family. Group meets the 3rd Thursday of the month.
- Call for more information.

CANCER

AMERICAN CANCER SOCIETY 647-2200
6612 Dixie Highway Suite A2 (located in the Nicholas Center)
Florence, KY 41042

- Call for information on support groups.
CANCER (cont)

BREAST CANCER SUPPORT GROUP  344-3939
St. Elizabeth’s Women’s Wellness Center
20 Medical Village Drive Room 209
Edgewood, KY  41017

CANCER FAMILY CARE        431-0645
Senior Services Building
1032 Madison
Covington, KY 41011

• Offers contacts for many Cancer and Bereavement Support Groups in Cincinnati and N. Kentucky. Call for information about groups in your area.

WELLNESS COMMUNITY      513-791-4060
4918 Cooper Road     1717 Dixie Highway, Suite 145                                 or
Cincinnati, OH  45242 Ft. Wright, KY  41011 859-331-5568

• Introductory Meeting - for anyone who wants to learn more about the Wellness Community. Meetings Tuesdays at 7:00pm and Fridays at 10:00am (Cincinnati); and Mondays at 7:00pm (Ft. Wright).
• Support Groups: Cancer Survivors, People with Recurring Cancer, Young Adult Group, Teen Group, Children’s Program, Brain Tumor Group, Lung Cancer Group, Prostate Cancer Group, Breast Cancer Group, a Group for Blood Driven Cancers, Bone Marrow Transplant Group, and a Family Group for family members. Call for more information

CAREGIVERS

CAREGIVER ASSISTANCE NETWORK    513-929-4483
Sponsored by Catholic Social Services                Gene McClory
100 East 8th Street     Caregiver CAREline 513-929-CARE
Cincinnati, OH  45202

• The Network sponsors educational programs and support groups at numerous locations throughout the community, a monthly newsletter, and an Internet site. Call for more information.

CAREGIVER SUPPORT GROUP       581-8974
Sponsored by Catholic Social Services           Gayle Jimenez

• Group offers a supportive atmosphere for those providing emotional or physical support to dependent or aging relatives or friends. Meets the second Thursday of the month from 1:30-3:00pm at St. Catherine of Sienna Church in Ft. Thomas.

CAREGIVERS(cont)
SPIRITUAL AND EMOTIONAL SUPPORT FOR CAREGIVERS  292-4154
St. Elizabeth North

CAREGIVER SUPPORT GROUP  525-4963
Sponsored by Woodspoint

• Please contact Pat Schneider for information.

CHILD ABUSE

COUNCIL ON CHILD ABUSE  513-936-8009 INFO
4155 Crossgate Square  513-961-8004 HOTLINE
Cincinnati, OH 45236

• Provides parent and school-based education, awareness, and intervention. Also offers the Don’t Shake the Baby program, referrals for victims and stressed parents, speaker’s bureau, and victim support groups. No fee.

FAMILY NURTURING CENTER  525-3200

• Contact Jane Hermes for information about child abuse support groups.

CHILDBIRTH

ABC’s FOR SIBLING CHILDREN  572-3456
St. Luke West
7380 Turfway Road
Florence, KY  41042

• Classes to help prepare siblings (ages 3-10 years) for the arrival of a new baby. Group meets the 4th Tuesday of every odd month (Jan., Mar., May, etc.) from 7-8:30pm. Cost is $15 for the first child and $5 for each additional child. Parents should accompany child. Call for reservations.

BIRTH GRANDPARENTS GROUP  581-8974
Catholic Social Services
3629 Church Street
Covington, KY  41015

• Parents of pregnant teens and young adults meet to talk about their special role in helping their son or daughter make the best plan for the baby.
• Meets the second Monday of each month from 7:00-9:00pm. Please call before attending.

CHILDBIRTH (cont)
BIRTH MOTHERS SHARING  271-5926
Denise
- Meets every first Thursday at St. Luke, East in Ft. Thomas, Lower Level, Room A from 7:00-9:00pm.

BIRTH PARENTS SUPPORT GROUP  581-8974
Catholic Social Services
3629 Church St.
Covington, KY 41015
- Group for young persons faced with an untimely pregnancy and the responsibility for making plans for their babies. Group allows young people to discuss their situations and learn more about how to cope during this stressful time. Meets the third Monday of each month from 6:00-7:30pm.

SIBLING-IN-DELIVERY CLASSES  572-3456
St. Luke Hospital
- By appointment only. For the family who wishes older siblings to be present during birth.

CHRONIC PAIN

CHRONIC PAIN SUPPORT GROUP  572-3678
St. Luke East
- Meets the first Wednesday of the month from 10:00-11:30am.

FIBROMYALAGIA SUPPORT GROUP  513-271-4545
- Support and education group for people with soft tissue rheumatic disease, characterized by painful, tender joints. Family members welcome.
- Groups at Mercy Fairfield, Mercy Anderson, Drake, Landen, and Northern Kentucky. Call for more information.

LUPUS/FIBRO SUPPORT GROUP  513-527-5048 ext. 306
St. Luke Hospital
- Meets the last Saturday of each month at 2:00pm.
COUPLES

CLERMONT COUNSELING 513-248-0421
512 High Street
Milford, OH 45150
• Offers groups for domestic violence—one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple’s group, and a theft group. Call for more information.

CROHN’S AND COLITIS

Crohn’s and Colitis Support Group 585-1775
St. Luke East
• For patients, family members or friends of those dealing with Inflammatory Bowel Disease.
• Meets the third Wednesday of the month from 7:00-9:30pm.

CYSTIC FIBROSIS

CYSTIC FIBROSIS SUPPORT GROUP 513-636-4929
Children’s Hospital
3333 Burnet Avenue
Cincinnati, OH 45229
• Monthly educational meetings held the third Tuesday of each month from September to April. Call for more information. No fee.

DEBTOR’S

DEBTOR’S ANONYMOUS 513-956-7828
• 12-step program to overcome debt and compulsive spending.
• Meetings every Tuesday night at St. Peter in Chains Cathedral 8th and Central Ave. in Cincinnati from 6:00-7:15pm.
• Meetings every Wednesday night at Lutheran Church of the Good Shepherd 7701 Kenwood Rd. from 6:30-7:30pm.
DEPRESSION

DEPRESSION SUPPORT GROUP
431-1077
Sponsored by the Mental Health Assoc. of N. KY, held at
Lakeside Presbyterian Church
2690 Dixie Highway
Lakeside, KY 41017

• For people experiencing depression, their families and friends. Meets every Thursday night from 6:30-8:00pm. Please call before your first meeting.

MEN WITH DEPRESSION
513-929-4071
4531 Reading Road
Cincinnati, OH 45202

• A support group for men with depression. Meets the first and third Monday of each month from 7:00-8:30pm.

PEER SUPPORT GROUP
513-221-8660
Recovery Initiative
2601 Melrose Avenue Suite B100
Cincinnati, OH

• Support group for people with depression, as well as other mental illnesses. Call for more information 10:30am-4pm, M-F.

RECOVERY, INC.
513-726-6123
4511 Wayne Trace Rd
Hamilton, OH 45011

• Self-help groups for people 18 and older. Provides will training to control anxiety, depression, etc.
• No fee charged, but voluntary contributions are accepted.
DIABETES

AMERICAN DIABETES ASSOCIATION  513-759-9330
8899 Brookeside Ave., Suite #102
Westchester, OH 45069

• The Cincinnati chapter works to improve the welfare of those with diabetes with hundreds of active professional and volunteer workers throughout the Greater Cincinnati area. The chapter represents the voice of leadership in the fight against diabetes through its program of education and research.
• Education - screening programs, support groups, public exhibits, health fairs, and public forums.
• Can provide many resources for Diabetes support groups in the area. Call for more information. (serves all of Southwestern Ohio and Northern Kentucky).

DIABETES SELF MANAGEMENT GROUP  344-2466
St. Elizabeth Hospital, South Unit
1 Medical Village Drive
Edgewood, KY  41017

• A free information and support group open to those with diabetes and their families.
• 10 meetings per year (conference rooms F, G, and H). Call for more information.
• Also offers Basics of Diabetes Evening Series twice a year.

DIABETES SUPPORT GROUP  513-585-1218
The Christ Hospital
2139 Auburn Avenue
Cincinnati, OH

• Groups for adults with Type I or Type II diabetes. Group meets the 2nd Monday of the month from 6:30-7:30pm in a classroom on Level A. Family members welcome. Call for information. No fee.

PEDIATRIC DIABETES SUPPORT GROUP  344-2330
St. Elizabeth Hospital

• A support group for children with diabetes and their parents

DIVORCE/SEPARATION

BEECH ACRES  513-231-6630
6881 Beechmont Avenue
Cincinnati, Oh  45230

• Shared experience group, stepfamily groups, single parent groups, and children’s groups (for coping with parents’ divorce). Groups at over 16 locations, call from more info.
DIVORCE/SEPARATION (cont)

DIVORCED FEMALES OVER 40 232-8111

- Social group for women over 40 who are divorced or going through a divorce. Group meets every other month. Call after 5:00 for more information.

NEW BEGINNINGS 283-6281

Catholic Center
947 Donaldson Rd.
Erlanger, KY 41018

- A ministry for divorced, separated, remarried, and young widowed people. A variety of groups available. Introductory and worship programs. Introductory Group-Meets to work through the struggles of divorce. Eight-week sessions are available on Tuesdays and Thursdays from 7:30-9:00pm.
- Call Monday-Friday 12:30pm-4:30pm.

NEW VISIONS (SUPPORT FOR DIVORCED AND SEPARATED) 513-241-7745

Catholic Social Service of Southwestern Ohio
100 East Eighth Street
Cincinnati, OH 45202

- Peer self-help groups are provided in various parishes for those suffering from loss due to divorce or separation. Call for information regarding group locations and special workshops for newly separated or divorced people.

PARENTS WITHOUT PARTNERS 241-4744

- Has meetings, family activities, and adult activities each week in Northern Kentucky. Call for more information.

DOMESTIC VIOLENCE

CLERMONT COUNSELING 513-248-0421

512 High Street
Milford, OH 45150

- Offers groups for domestic violence--one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple’s group, and a theft group. Call for more information.
WOMEN HELPING WOMEN
216 E. 9th Street
Cincinnati, OH  45202

• 24-hour crisis line. Groups for domestic violence, sexual assault, incest, children (ages 6-12) who have witnessed domestic violence, and court-ordered groups. Call for more info.

WOMEN’S CRISIS CENTER
24 hr. hotline
835 Madison Ave.
Covington, KY  41011

• Offers groups for: non-offending parents of sexually abused children; adult survivors of childhood sexual abuse; survivors of domestic violence; and child witnesses to domestic violence. Call for more information.

DOWN’S SYNDROME

DOWN’S SYNDROME OF GREATER CINCINNATI
1821 Summit Road, Suite #102
Cincinnati, OH  45237
fax: 761-5401
e-mail: dsagc@aol.com

• Infant/Toddler Parents Program: for parents of Children ages birth to 3. Meetings are held at the Cincinnati Center for Developmental Disorders Room 4-78 every second Wednesday at 7:30 pm.
• Family Matters Group: for parents of children over 3 years of age. Group meets several times throughout the year. Call for more information.
• Web site: www.dsagc.com

EATING DISORDERS

CINCINNATI PSYCHOTHERAPY INSTITUTE
9200 Montgomery Road
Cincinnati, OH  45242

• Offers a variety of groups for eating disorders.

THE CHRIST HOSPITAL
Outpatient Behavioral Services-Health Alliance
3200 Burnet Avenue, Union Street Pavilion
2nd Floor, Staff Conference Room

• Meets from 7:30-9:30pm on the 1st and 3rd Tuesdays of each month.

EATING DISORDERS (CONT)
HYDE PARK BETHLEHEM UNITED METHODIST CHURCH 513-598-9537
Madison road and Hyde Park Avenue 513-741-3580
Front Entrance--Basement

- Meets from 7:30-9:00pm on the 2nd and 4th Wednesday of each month.

EATING DISORDERS RECOVERY CENTER 513-793-2666
Barbara McFarland, Ed.D
8280 Montgomery Rd.

- Group or individual treatment for eating disorders.

OVEREATERS ANONYMOUS 921-1922

- Meets at St. Luke East on Fridays from 7:30-9:00pm.

EPILEPSY

EPILEPSY COUNCIL OF CINCINNATI 513-721-2905
Three Centennial Plaza
895 Central Avenue
Cincinnati, OH 45202

- Reaches out to assist people with epilepsy and their families in areas of personal and social adjustment. Seeks to increase awareness and acceptance of those with epilepsy within the community.
- The adult group (adults who have epilepsy) meets the third Tuesday of the month from 7:00-8:30pm.
- The parent support group (parents who have children with epilepsy) meets the third Thursday of the month from 7:00-8:00pm.

FALSE MEMORY SYNDROME (FMS)

FMS SUPPORT GROUP 541-5272

GAMBLING

GAMBLERS ANONYMOUS and GAM-ANON 24 HR HOT LINE 244-9779
GAY/LESBIAN

P-FLAG (PARENTS, FAMILIES, AND FRIENDS OF LESBIANS AND GAYS) 755-6150

- Call for information.

GRIEF—SEE BEREAVEMENT

HOMESCHOOLING

HOMESCHOOL NETWORK OF GREATER CINCINNATI 513-683-1279
P.O. Box 31110
Cincinnati, OH 45231-0110

- Mission: Families working together to support each other in the joys and responsibilities of educating our children at home.
- Provides support, materials, newsletter, and activities. Call for location and membership information.
- Web site: www.hsncincy.com

MENTAL HEALTH

B.R.I.D.G.E.S. 431-2134
Sponsored by: RNNK
605 Madison Ave
Covington, KY 41011


FAMILY SUPPORT GROUP 513-541-7577
Core Behavioral Health Services
4968 Glenway Avenue
Cincinnati, OH 45238

- Basic family support for any adult family member of a person who has a serious mental illness. Meets the 1st Tuesday of the month at 7:00pm in the waiting room.

FRIENDSHIP CLUB 431-2134
Recovery Network
513 Madison Avenue
Covington, KY 41011

- Support group for adult mental health consumers. Call for more information.
MENTAL HEALTH (cont)

THE HOMELESS AND MISSING SERVICE  (740) 373-3445
220 1/2 Putnam Street  Emergency number (740) 423-4279
Marietta, OH  45750  e-mail:  hm-hines@juno.com

- Assists families and friends in locating homeless and missing loved ones with serious mental illnesses.

NATIONAL ALLIANCE FOR THE MENTALLY ILL OF NORTHERN KENTUCKY
Betty  474-5989  Dixie  781-4539
Joyce  662-8468 (evenings)  Marcella  441-7377

- A self-help organization for families and friends of someone who has a mental illness, as well as for consumers. Goals include: mutual support, public and personal education about mental illnesses, and advocacy for research and better services.
- Business Meeting & Care and Share: fourth Monday of each month at 7:00pm at the Erlanger Baptist Church educational building.

NATIONAL EMPOWERMENT CENTER  1-800-POWER-2-U
20 Ballard Road
Lawrence, MA  01843

- Network for consumer/survivors. Staff available for speaking, education, training, and workshops.

PEER SUPPORT GROUP  513-221-8660
Recovery Initiative
2601 Melrose Avenue Suite B100
Cincinnati, OH

- Support group for people with depression, as well as other mental illnesses. Call for more information 10:30am-4pm, M-F.

RECOVERY, INC.  513-726-6123
Carol Jones
4511 Wayne Trace Rd
Hamilton, OH  45011

- Self-help groups for people 18 and older. Provides will training to control anxiety, depression, etc.
- No fee charged, but voluntary contributions are accepted.
MULTIPLE SCLEROSIS

HEALTHSOUTH REHABILITATION HOSPITAL OF N KY  341-2044
201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson’s. Call for more information.

MULTIPLE SCLEROSIS CHAPTER OFFICE  513-769-4400

- Call for meeting times.

OBSESSIVE COMPULSIVE DISORDER—SEE ANXIETY DISORDERS

PARENTING

CHILD FOCUS, INC.  513-752-1555
Eastgate Office
551 Cincinnati-Batavia Pike
Cincinnati, OH 45245

- Saturdays from 11:00am-12:30pm—Parenting Group.
- Caregiver’s Support Group for grandparents, aunts, uncles, etc. raising children.

GRANDPARENTS RAISING GRANDCHILDREN  356-3155
Lakeside Christian Church Rm. 328
195 Buttermilk Pike
Lakeside Park, KY 41017

- Group meets fourth Thursday of every month (except holidays) from 7-8:30 pm

MOTHERS OF SPECIAL CHILDREN OF NORTHERN KENTUCKY  356-8499
Erlanger Methodist Church
Commonwealth Avenue
Erlanger, KY 41018

- Group meets the second Thursday of the month at 7:30 pm. Specifically for mothers with special needs children.

PARENTS ANONYMOUS  513-961-8004

- Parent help line available 24 hours a day.
PARENTING (CONT)

PARENTS WITHOUT PARTNERS 241-4744

- Has meetings, family activities, and adult activities each week in Northern Kentucky. Call for more information.

SINGLE PARENTS SUPPORT GROUP 513-231-6630
Sponsored by Beech Acres
6881 Beechmont Ave
Cincinnati, OH 45235

- Groups offered in Downtown Cinti, Blue Ash, Greenhills, Kennedy Heights, Lincoln Heights, Mt. Healthy, Mt. Washington, Norwood and Westwood. Please call for specific times and locations.

PARKINSON’S DISEASE

HEALTHSOUTH REHABILITATION HOSPITAL OF N KY 341-2044
201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson’s. Call for more information

PARKINSON’S DISEASE 585-6462
Senior Care Preferred
7380 Turfway Road
Florence, KY 41042

- Meets at the cafeteria conference room from 1:00 pm - 2:00 pm on the third Thursday of the month. Family members welcome. Call for more information.

PHYSICAL DISABILITIES

PEOPLE WITH PHYSICAL DISABILITIES 513-871-1345
Hyde Park Community United Methodist Church
1345 Grace Avenue
Cincinnati, OH 45208

- Meets on the 3rd Thursday of the month at 7:00 pm in room 113. Call for details.
POST-PARTUM DEPRESSION

Lighter Shade of Blue 513-860-4394

• Support for mothers who suffer from postpartum depression or anxiety. Call for meeting times.

RELATIONSHIPS

CLINICAL COUNSELING SERVICES OF NO. KY 292-8888

• Meets Wednesdays from 5:30-7:00pm in the Montgomery area.

FAMILY EDUCATION SUPPORT GROUP 525-5384 572-3500

• Deals with relationship problems Meets at St. Luke Outreach (Turfway Rd.) Thursdays from 7:30-9:00pm and in Falmouth on Thursdays at 7:00pm.

SCHIZOPHRENIA

SCHIZOPHRENICS ANONYMOUS 431-2134
Recovery Network of NKY
605 Madison Ave.
Covington, KY 41011

• Meets every Wednesday at 1:30pm at RNNK. Call for more information.

SELF-ESTEEM

CHILD FOCUS, INC. 513-752-1555
Eastgate Office
551 Cincinnati-Batavia Pike
Cincinnati, OH 45245

• Thursdays from 6:00-7:30pm--groups for children with poor socialization skills or low self-esteem (ages 3-6, 7-9, and 10-13) and their parents.
• Young Adolescent Female Group.

WOMEN’S SELF ESTEEM GROUP 525-2600
Women’s Crisis Center Laura or Becky

• Group meets Tuesdays from 5:00-7:00pm.
SEX

SEX AND LOVE ADDICTS ANONYMOUS 513-852-9459
• Offers help line and also support. Support groups are based on the 12 Step Program. Call for information.

SEXUAL ABUSE

ADULT SURVIVORS OF CHILDHOOD SEXUAL ABUSE 491-3335
Women’s Crisis Center Angie
• A ten-week group is offered. Call for more information

AVOISE (Adolescent Victims of Indecent Sexual Encounters) 513-221-HELP
(Part of Talbert House) (513-221-4357)
3891 Reading Rd. 513-221-4266
Cincinnati, OH 45229
• An AVOISE group is a place where everyone can speak freely and confidentially. Two concurrent groups, one for victims and one for family members, insure that all involved receive the help and guidance they need to get their lives back together. Individual and group therapy only. Treats victims ages 7-17, 18 if still in high school.

CHILD FOCUS, INC. 513-752-1555
Eastgate Office
551 Cincinnati-Batavia Pike
Cincinnati, OH 45245
• Tuesdays at 4:00pm and 6:00pm--Groups for Adolescent Sex Offenders (ages 8-11, young adolescents, and older adolescents) and their parents.
• Thursdays from 5:00-6:30pm--Groups for children who have been victims of sexual abuse (ages 6-9 and 10-13) and their parents.

CLERMONT COUNSELING 513-248-0421
512 High Street
Milford, OH 45150
• Offers groups for domestic violence--one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple’s group, and a theft group. Call for more information.
SEXUAL ABUSE (cont)

CLINICAL COUNSELING SERVICES OF NO. KY  292-8888

- 12 week educational support group for adult female survivors of childhood sexual abuse.
- Meets Tuesdays from 6:00-7:30pm in the Mainstrasse Area in Covington.

TIC TOC  525-3200 ext. 21
7990 Dixie Highway
Florence, KY  41042
Kathy Miller-Cox

- Sexual abuse treatment for children, ages 4-13. Call for more information.

WOMEN HELPING WOMEN  513-381-5610
216 E. 9th Street
Cincinnati, OH  45202
(24 hours)

- 24-hour crisis line. Groups for domestic violence, sexual assault, incest, children (ages 6-12) who have witnessed domestic violence, and court-ordered groups. Call for more info.

WOMEN'S CRISIS CENTER  24 hr. hotline: 491-3335
835 Madison Ave.
Covington, KY  41011
1-800-928-3335

- Offers groups for: non-offending parents of sexually abused children; adult survivors of childhood sexual abuse; survivors of domestic violence; and child witnesses to domestic violence. Call for more information.

SEXUALLY TRANSMITTED DISEASES (STDs)--also see AIDS

CINCINNATI H.E.L.P.  513-557-3435
Cincinnati Health Department Building
3101 Burnet Avenue Room 129
Cincinnati, OH  45229

- Informal discussion group provides information, education, and emotional support for individual herpes sufferers. Families are welcome. Herpes Support Group meets the third Tuesday each month from 7:00-9:00pm.

SINGLES

HYDE PARK SINGLES  513-441-9211
Hyde Park Community United Methodist Church
1345 Grace Avenue
Cincinnati, OH  45208

- Offers activities and a Soaring Singles newsletter. Call for more information.
SINGLES (CONT)

PARENTS WITHOUT PARTNERS 241-4744

- Has meetings, family activities, and adult activities each week in Northern Kentucky. Call for more information.

SMOKING/NICOTINE (SEE SUBSTANCE ABUSE)

SPEECH and HEARING

APHASIA/SPEECH SUPPORT GROUP 513-853-5071
Franciscan Mt. Airy Campus
2446 Kipling Avenue
Cincinnati, OH 45239

- Open support for people with speech impairment. Meets every Monday from 4:30-5:30pm. Every second Monday a speech pathologist is present.

PARENTS OF HEARING IMPAIRED CHILDREN 513-471-4806

- Support Group meets the third Thursday of the month. Group is for parents who have just realized that their children are deaf. Call for location and time.

SPINA BIFIDA

SPINA BIFIDA ASSOCIATION 513-923-1378
3245 Deborah Lane
Cincinnati, OH 45239

- For parents with children who have Spina Bifida. Friends and family welcome. Call for more information.

STROKE

HEALTHSOUTH REHABILITATION HOSPITAL OF N KY 341-2044
201 Medical Village Drive
Edgewood, KY 41017

- Several different support groups available for various disorders, including Stroke, Arthritis, Multiple Sclerosis, and Parkinson’s. Call for more information
STROKE (CONT)

STROKE CLUB
Mercy Franciscan Mt. Airy
2446 Kipling Avenue
Cincinnati, OH  45239

• A support group open to patients, family, and friends. Open discussion and informative
speakers. Meetings are held the second Monday of each month at 7:00 pm.

SUBSTANCE ABUSE

AFTER-CARE SESSIONS  572-3500
512 Maple Avenue
Falmouth, KY  41040

• For graduates of the St. Luke Alcohol and Drug Treatment Center Program. Programs are
held at 7pm. every Thursday at the Center in Falmouth and at 5:30 pm every Monday at the
St. Luke West Community Outreach Building (Turfway Road). Also offer Al-Anon and
AA meetings in Falmouth.

ALANON & ALATEEN  771-4070
Greater Cincinnati Information Service  771-5959
Northern Kentucky Information Service  784-2444

• Al-Anon offers a 12-step recovery program for family and friends of alcoholics. Alateen is
part of the Al-Anon fellowship and is designed for younger relatives and friends (through
age 19) of alcoholics. Offers 90 meetings every week in the Greater Cincinnati/Northern
Kentucky area. Call for specific times and locations.

ALCOHOLICS ANONYMOUS  491-7181
202 West 11th Street (P.O. Box 72084)
Newport, KY  41071

• Alcoholics Anonymous has 116 groups, at least 2 each day of the week in Boone, Kenton,
and Campbell counties. Thirteen groups exist in surrounding counties including Bracken,
Grant, Carroll, Gallatin, Owen, and Pendleton. Call for details and times.

ALCOHOLISM COUNCIL OF THE CINCINNATI AREA, NCADD  513-578-3233
2828 Vernon Place
Cincinnati, OH 45219

• Established in 1949, the council provides residents of the greater Cincinnati area with a
complete range of alcohol and other drug prevention, education and treatment programs
designed for individuals, families, schools and organizations.

SUBSTANCE ABUSE (cont.)
ALCOHOLICS VICTORIOUS 513-956-9844
e-mail: Act319@hotmail.com

- An interdenominational supportive fellowship for individuals and family members to whom chemical addiction is an on-going threat. Call for times and locations of meetings.
- Web site: www.iugm.org

KIDS HELPING KIDS 513-575-7300
P.O. Box 42398
Cincinnati, OH 45242

- Support groups for children with substance abuse issues. Call for more information.

M.A.D.D. (MOTHERS AGAINST DRUNK DRIVERS) 513-769-6800
3801 Hauck Road
Sharonville, OH 45241

- Call for more information.

NARCOTICS ANONYMOUS 513-820-2947

- Support for people with drug addiction problems. Call for times and locations of meetings. (24 hours)

NICOTINE ANONYMOUS 513-230-5475

- Available 24 hours per day.

PROMISES CLUB/AA 431-2135
116 West Ninth Street
Newport, KY 41071

- Fellowship of recovering alcoholics who meet regularly to help each other stay clean by sharing their experiences, strength, and hope. Open 10:00 am - 10:00 pm on weekdays, 10:00 am - 11:00 pm on weekends. Several meetings offered daily. Call for specific information.

RECOVERY RESOURCE CENTER 513-761-7353
7710 Reading Road, Suite 100
Cincinnati, OH 45237

- Offers four abstinence-based recovery programs. These programs are Women For Sobriety, Life Ring Secular Recovery, Smart Recovery, and Rational Recovery. All services are free to the general public. Call for more information.
531 RUSSELL, INC.  431-9854
THE RUSSELL CLUB
531 Russell Street
Covington, KY 41011

- Meeting for AA at 12:00 noon and 8:30 pm daily. Beginners meet separately. Call for times.

S.M.A.R.T. (SELF MANAGING AND RECOVERY TRAINING)  513-521-2391
Formerly known as Rational Recovery
University Hospital
234 Goodman Avenue
Cincinnati, OH 45267

- Meets at 7:00 pm on Wednesdays in Room A of the dining room. Call for more information.

SQUARE ONE  581-8974
Catholic Social Services
3629 Church St.
Covington, KY 41015

- Support group for teens who are experiencing problems with alcohol or drugs. Group allows teens to learn the facts about adolescent substance abuse, talk about feelings, and explore the connection between substance abuse and other problems. This is a 6-session group. Call to find out when the next session begins.

STAYING STOPPED SMOKING CESSATION  572-3382

- Meets at St. Luke East on Mondays from 6:30-7:30pm. Reservations required

THEFT

CLERMONT COUNSELING  513-248-0421
512 High Street
Milford, OH 45150

- Offers groups for domestic violence--one group for men and one for women. There is also a parents group called The Best Interest of the Children that shows how domestic violence affects the family as a whole. Other groups include an anger management group, a sex offenders group, a voyeur/exhibitionist group, a couple’s group, and a theft group. Call for more information.
TOURETTE’S SYNDROME

TS PLUS
TSA of Ohio
P.O. Box 10702
Columbus, OH 43201

- Resource Center: Intended for newcomers and for education and health professionals. Last Friday of each month except November and December, 7:30-9:00pm, Children’s Hospital North, Building A, Mason, Ohio.

TRICHOTILOMANIA (TTM)

TTM SUPPORT GROUP
Sponsored by the: MHA of Cincinnati
- Support for people with TTM (compulsive pulling of hair from scalp, eyebrows, lashes, or body). Call for more information.

VISUAL IMPAIRMENTS

CINCINNATI ASSOCIATION FOR THE BLIND (CAB)
2045 Gilbert Ave.
Cincinnati, OH 45202

- Private, non-profit organization offering counseling, rehabilitation and employment services to persons who are blind or visually impaired. Support groups available for elderly or working age persons who are blind or visually impaired. Groups also available for spouses or significant others in the lives of the blind or visually impaired. Sliding scale fee. A United Way Agency.

VIOLENCE

AMEND

- Program for men who use violence against women. Four weeks long; call for prices.

VOCATIONAL

JOB SEARCH FOCUS GROUP
Hyde Park Community Methodist Church
1345 Grace Avenue
Cincinnati, OH 45208

- Members support and assist each other in searching for professional jobs. Group meets Mondays 8:45-11:30am. Also offers training meetings, listings of job opportunities, and services to help locate jobs. Call for more information. Monday 12-3pm; T-F 9am-3pm.
- Web site: www.cincinnati.com\cinjob\
WIDOW/WIDOWERS

FOR WIDOWED PERSONS 513-232-3488
Immaculate Heart of Mary Church
7820 Beechmont Avenue
Cincinnati, OH 45230

- Meets at the Immaculate Heart of Mary Church in the rectory basement. Call for group times. No fee.

GRIEF SUPPORT GROUP FOR YOUNGER SPOUSES 727-1250
The Linnemann Center Marsha or Liz
40 west 6th Street
Covington, KY

- Meets the fourth Tuesday of each month from 7:00-8:30pm.

MEN'S BREAKFAST CLUB (for Widowers) 292-4916
- Meets the 2nd Tuesday of the month at 9:00am at the Stringtown Restaurant in Florence.

NEW BEGINNINGS 283-6281
Catholic Center 283-6280
947 Donaldson Rd. Sr. Rosemary
Erlanger, KY 41018

- A ministry for divorced, separated, remarried, and young widowed people. A variety of groups available. Introductory and worship programs. Introductory Group-Meets to work through the struggles of divorce. Eight-week sessions are available on Tuesdays and Thursdays from 7:30-9:00pm.
- Call Monday-Friday 12:30pm-4:30pm.

P.R.O.P.-People Relying On People 341-0647
Edgewood, KY

- Support and outreach group for widows and widowers.

THEOS 513-531-8436
St. Paul United Methodist Church Nancy Lamb
8221 Miami Road
Cincinnati, OH 45243

- Support group for widows/widowers. Meets the 2nd Tuesday of the month. Call for details.
WILLIAM’S SYNDROME

WILLIAM’S SYNDROME ASSOCIATION  513-874-0620

- A support group for families and individual with William’s syndrome. Information and speakers available. No regular meetings. Call for information.
- Web site: www.williamssyndrome.org

WOMEN’S GROUPS

BLACK WOMEN’S SUPPORT GROUP  513-751-3085
Church of Our Savior  Porsha Cox
65 East Hollister
Cincinnati, OH 45219

- Meets the 1st Tuesday of the month. Call for more information.

CLINICAL COUNSELING SERVICES OF NORTHERN KENTUCKY  292-8888

- Ongoing psychotherapy group for women
- Meets Mondays from 6:00-7:30pm in the Mainstrasse Area in Covington.

DIVORCED FEMALES OVER 40  232-8111

- Social group for women over 40 who are divorced or going through a divorce. Group meets every other month. Call after 5:00 for more information.

WOMEN’S SELF ESTEEM GROUP  525-2600
Women’s Crisis Center  Laura or Becky

- Group meets Tuesdays from 5:00-7:00pm.