



## **Mental Health Association of Northern Kentucky**

*A LEADER IN PROVIDING ADVOCACY, EDUCATION, AND SERVICES THAT PROMOTE MENTAL WELLNESS*

EDUCATION AND SCREENING OUTREACH PARTNER FOR THE NATIONAL INSTITUTE OF MENTAL HEALTH AND  
NATIONAL MENTAL HEALTH ASSOCIATION

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### **TOP TEN LIST**

#### **FACTS ABOUT HOMELESS WOMEN**

10. Common risk factors associated with homeless women include poverty, housing instability, work problems and victimization.
9. Homeless women can be divided into two subgroups: women with children and single homeless women.
8. Single homeless women are more likely to be white, homeless longer, and more often have a history of alcoholism and schizophrenia than homeless women with children.
7. Single families headed by women is the fastest growing population of homeless.
6. The average age of homeless mothers is in their late twenties.
5. Homeless women often need emotional support as the majority are not receiving support from their families and many are victims of domestic violence.
4. Social workers need to help homeless women by connecting them with needed resources.
3. The current welfare reform is likely to increase the homeless population but some service providers are using it as a motivational tool.
2. Successful programs use community resources such as churches and volunteer organization to assist with service provision.
1. Changes are needed at the macro level in the provision of affordable housing, job training and adequate financial assistance to decrease the homeless population.